

Saturday, November 4, 2017  
7:30 - 14:00  
Breakfast & Lunch Provided\*\*

The Ballantyne Hotel  
10000 Ballantyne Commons Parkway  
Charlotte, NC 28227



# Providence Anesthesiology Associates 2017 Annual Update - *Enhanced Recovery After Surgery - ERAS*

**7:30-8:00**  
**Registration / Breakfast**

**8:00-8:05**  
**Welcome and Announcements**  
*Rick Griggs, MD*  
Chief, Clinical Practice Committee - PAA

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**Session 1: ERAS - Principals and Goals**  
*Moderator: Joe Ducey, MD*  
VP of Business Development, Past President - PAA

**8:05-8:45 - ERAS: Past, Present, Future**  
*Julie Thacker, MD*  
Medical Director, Clinical Research Unit  
Associate Professor of Surgery  
Duke University School of Medicine

**8:45-9:00 - ERAS Protocols at Novant Health: The Path to Current Protocols, Future Endeavors**  
*Jay Duggins, MD*  
Chairman, Anesthesiology - SPR

**9:00-9:15 - Discussion**

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**9:15-9:30 - Morning Break**

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**Session 2: ERAS Pathways**  
*Moderator: Ian Hasinoff, MD*  
Anesthesiologist - PAA

**9:30-9:50 - ERAS Multimodal Pathways**  
*Rick Griggs, MD*

**9:50-10:05 - ERAS PONV Pathways: Drug Shortages and New Successes**  
*Ren Weidman, MD*  
Anesthesiologist, PAA

**10:05-10:25 - ERAS Regional Analgesic Modalities**  
*PJ Fronapfel, MD*  
Medical Director, Presurgical Services  
Chief, Pediatric Anesthesia - PAA

**10:25-10:45 - ERAS Goal-Directed Fluid Therapy**  
*Kevin Crosby, MD*  
Assistant VP, Scheduling - PAA

**10:45-11:00 - Colorectal ERAS - Postoperative Floor Management at PMC**  
*Lillian Stiglitz, RN, BSN, CMSRN*  
Nurse Manager, 5A Surgical Unit - NHPMC

**11:00-11:15 - ERAS - Diet and Nutritional Impact**  
*Elaine Murray, RD, LDN, CNSC*  
Clinical Dietitian - NHPMC

**11:15-11:30 - Discussion**

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**11:30-12:30 - Lunch Break**

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**Session 3: The Triple AIM of ERAS**  
*Moderator: Christopher Gunn, MD*  
VP of Clinical Operations - PAA

**12:10-12:50 - The Economics of ERAS - Can you afford not to do it?**  
*Thomas Hopkins, MD*  
Director, Quality Improvement  
Assistant Professor of Anesthesiology  
Duke University School of Medicine

**12:50-13:10 - Colorectal & Bariatric ERAS at PMC - Comparisons to Historic Controls**  
*Vicki Morton, DNP, MSN, ANP*  
Clinical Practice and Quality Coordinator - PAA

**13:10-13:40 - Surgical Perspectives at NH - From Office Visit to Hospital Discharge - Lessons Learned**  
*Rob Stevens, MD*      *David Voellinger, MD*  
NH Charlotte Colorectal Surgery    NH Bariatric Surgery Charlotte

**13:40-13:55 - Discussion**

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**13:55-14:00 - Final Remarks**  
*Jim Benonis, MD*  
President, PAA

**Target Audience:** Physicians, CRNAs, PAs, NPs, RNs, and all professionals having an interest in presented topics.

**Objective:** To update attendees in latest approaches in critical health care using evidenced-based medicine when applicable.

**Accreditation & CME Information:** Novant Health is the continuing medical education provider for this activity.

**Accreditation Statement:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of Novant Health and Providence Anesthesiology Associates. Novant Health is accredited by the NCMS to provide continuing medical education for physicians.

**Credit Designation Statement:** Novant Health designates this live activity for a maximum of 5 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of the participation in the activity.

**Policy on Faculty and Sponsor Disclosure:** Novant Health adheres to NCMS Standards regarding industry support of continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the activity.



Up to 5 Hours Category 1 CME Credit for MDs  
Up to 5 Hours CEUs for CRNAs  
Up to 5 Hours CEUs for RNs

Register & Pay on our Website: [www.provanesthesiology.com](http://www.provanesthesiology.com)  
Registration fee: \$75 for Physicians / \$50 for CRNA/PA/NP/RN/Other  
***Register before October 21st and receive a \$10 discount!!!***  
***Visit us on Facebook and join our event!***

\*\*Information: 704-749-5800 x101