ASP Aspiration - Gastric



Inhalation of gastric material into the airway below the level of the true vocal cords, bronchospasm, wheezing, hypoxemia, tachycardia



Start

- 1. Call for "ANESTHESIOLOGIST STAT" and DIFFICULT AIRWAY CART/GLIDESCOPE
- 2. Suction airway
 - Clear airway of particulate matter with McGill forceps
 - Remove LMA if present and suction oropharynx
 - Delegate someone to setup Fiberoptic Bronchoscope with suction
- 3. If actively vomiting Place patient on their side or turn patient's head
- 4. If passive regurgitation Apply and maintain cricoid pressure
- 5. Stop surgery AND change position of patient into "Head-Down"
- 6. Perform Rapid Sequence Intubation
 - Apply Cricoid Pressure; Intubate
 - Prior to ventilation (if not significantly hypoxic) Immediately suction via ETT with flexible suction catheter
- 7. Perform fiberoptic bronchoscopy of tracheobronchial tree
 - DO NOT lavage airways with saline Suction foreign material/particulate matter
- 8. Administer bronchodilators for bronchospasm or wheezing
 - If Bronchospasm develops: Go to » CHKLST BRO
- 9. Consider Lung Protective Strategy
 - TV: 5-6 mL/kg
 - PEEP: 5-10 cm H₂O
 - FiO₂: minimize to keep SaO₂ \geq 90%
 - Plateau Pressure < 30 cm H₂O
- 10. Obtain Chest X-ray in the PACU or ICU
- 11. Consider ICU Admission, Arterial Line Placement, ABGs

DRUG DOSES and treatments

Bronchospasm Treatment

Albuterol 8-10 puffs MDI or 2.5 mg

nebulized via ETT/Inspiratory

Ipatropium Bromide 0.5 mg via nebulizer

Magnesium Sulfate 2 g IV over 20 minutes

Equipment Instructions

Fiberoptic Bronchoscope - Assemble ASAP once Difficult Airway Cart is in the room. Attach suction and ensure light is functional

Other References

- 1. Avoid empirical antibiotics until a clear dx of pneumonia is made
- 2. Patients may not develop full blown aspiration pneumonitis and may be electively extubated at the end of the case if there
 - hypoxemia present. The surgery may continue despite aspiration if the anesthesiologist and surgeon agree the patient is stable.
- **3.** Steroids should **NOT** be routinely administered to patients

