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Amanda Rea is the Lead of Advanced Practice and the Clinical Program Manager for the Division of Cardiac Surgery at University of Maryland St Joseph Medical Center.

She has 20 years of critical care and cardiac surgery experience. At UMSJMC she co-developed the Cardiac Enhanced Recovery After Surgery (ERAS) program which is focused on group learning, standard work, and improving patient outcomes. Amanda is also chair of the monthly multidisciplinary cardiac surgery integrated care group, which tracks process measures and programmatic performance. She has published on Enhanced Recovery and multimodal opioid sparing analgesia.

Amanda has lectured internationally on topics related to Cardiac ERAS, team building, and patient blood management. She is currently completing her doctorate in advanced practice leadership.