



Paul E. Wischmeyer, MD, EDIC, FCCM, FASPEN

Paul E. Wischmeyer, MD, EDIC, FCCM, FASPEN is a critical care, perioperative and nutrition physician who serves as a Professor with Tenure of Anesthesiology and Surgery at Duke University School of Medicine. He also serves as the Associate Vice Chair for Clinical Research in the Dept. of Anesthesiology & Director of the Nutrition Team at Duke Hospital.

Dr. Wischmeyer's clinical and research focus is focused helping patients prepare and recover from critical illness and surgery. His research interests include surgical and ICU nutrition and exercise rehabilitation therapy, parenteral nutrition and personalized nutrition trials, perioperative optimization, post-illness muscle mass and functional recovery, and role of probiotics/microbiome in illness, specifically COVID-19 prevention/treatment. Dr. Wischmeyer has received significant funding from the National Institutes of Health and DOD as well as numerous awards for his work from national and international societies, including the Jeffrey Silverstein Award and Memorial Lecture for Humanism in Medicine from the American Delirium Society, Fellow of the Society of Critical Care Medicine (FCCM), the John M. Kinney Award for the most significant contribution to the field of general nutrition, the Stanley Dudrick Research Scholar Award of the American Society for Parenteral and Enteral Nutrition where he is also an honorary Fellow of ASPEN (FASPEN).

In 2020, he received the ASPEN George Blackburn Clinical Nutrition Mentorship Award, as well as the Excellence in Nutrition Support Education Award from the American Society for Parenteral and Enteral Nutrition, and he has received the Lifetime Achievement Award of the International Parenteral Nutrition Education and Methodology Advancement for significant contributions to the field of nutrition. He has over 200 publications (H index-71 and >50 papers with > 100 citations) in nutrition, critical care, and perioperative care, including publications in New England Journal of Medicine. He has been an invited speaker at numerous national/international medical meetings, delivering over 1000 invited presentations in his career.

Finally, he is an advocate and lecturer for improving the patient experience and teaching providers to keep CARE as the focus of healthcare.