

March - April 2024



**PROVIDENCE**  
ANESTHESIOLOGY ASSOCIATES

# PAA NEWSLETTER

Providence Anesthesiology Associates

## FEATURED ARTICLES:

**Partner Spotlight - Alison Brown, MD**

**MAXOR Pharmacy Service**

**Meet the IT Team**

**Fall Conference - Save the Date**

**Team Member Spotlight - Marcellos Fields**

**Community Involvement**

**Charlotte Checkers Game**

**Birthdays**

**Social Media**



### **MARCH FUN FACT:**

March through June are the highest months for tree pollen. Pollen is a botanical term used as long ago as 1760 by Carolus Linnaeus, the inventor of the binomial nomenclature system of classification. The term pollen referred to "the fertilizing element of flowers." Pollen has come to be known as "fine, powdery, yellowish grains or spores."

### **APRIL FUN FACT:**

In 2018, Waipa Garden, Kaua'i, Hawaii experienced the most intense 24-hour rainfall on record, with 49.7 inches, surpassing the previous record (43 inches) set in 1978 in Alvin, Texas.

## PARTNER SPOTLIGHT- ALISON BROWN, MD



**Alison Brown, MD**

**Did you always want to be a physician?** In middle school, I wanted to work for NASA. By college I was fairly certain I wanted to go into medicine but first spent two years working at a healthcare strategy consulting firm in Boston. I loved my time there but ultimately decided I didn't want to do it forever and am very glad to have settled on a career in medicine.

**Why do you enjoy working at PAA?** It is inspiring to be part of a group always willing to go above and beyond to help one another and I genuinely enjoy spending time with my colleagues at and outside of work. I am very proud and grateful to be part of PAA.



**Tell us about your family.** I met my husband Landon as an undergraduate at Dartmouth. We finished our fellowships at Duke the same year and the stars aligned when we both found jobs we absolutely love here in Charlotte. He works as a medical oncologist at Atrium specializing in urologic cancers. We have two children, Madison (4.5) and William (1.5) who love reading, coloring, playing outside with chalk and bubbles, and chasing each other around our kitchen for hours on end. We have a hypoallergenic long haired Siberian cat named Scout who they are both obsessed with and she is surprisingly tolerant of their antics.

**What is your favorite way to relax?** Dinner out with friends or a day at the spa. I am an introvert and will also never turn down a night in sitting by the fireplace with a glass of wine and a good book.

**What was the last book you read or movie/series you watched?** Demon Copperhead

**Three people alive or deceased you would invite to dinner? And why?** My deceased grandmother – she met Madison but passed away before William was born and I would love for us all to spend time with her now.

**First concert you went to and last concert you went to?** Spice Girls circa 1998 was my first concert. I haven't been to any recent concerts, but Madison has a Frozen karaoke machine with a loud volume setting. We haven't fully forgiven the neighbors who gave it to her.

**What band/artist would you be embarrassed to admit you listen to?** I am not embarrassed by this, but I love hearing Britney Spears or Backstreet Boys as much now as I did 20+ years ago.

**What was your first job?** In high school in Connecticut I worked at Ben and Jerry's, J.Crew, and Pottery Barn. I also babysat and tutored often.

**Your first car?** A gold 1995 Acura Legend

Unlock the full potential of your pharmacy benefits with the MaxorPlus Member Portal! This infographic guide highlights some of the user-friendly features.

Members can access the Member Portal through their web browser at [MAXORPLUS](https://www.maxorplus.com) and can bookmark the link from any browser for easy access.

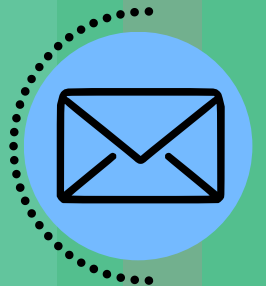
## 1. Price Drug & Find Pharmacy

Search for your medication, view estimated costs, or find pharmacies near you. View and print prescription activity.



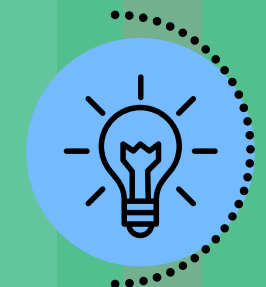
## 2. Mail Order and Refills

Sign up for mail order services for your maintenance medications. Manage your mail order prescriptions, including refilling a prescription for yourself or a dependent.



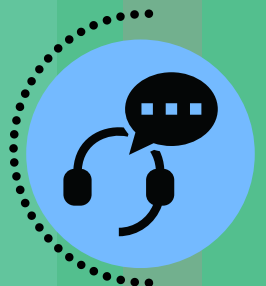
## 3. Benefit Documents

View your plan information such as the formulary and more. View your prior authorization activity. Find answers to commonly asked member portal and mail order questions.



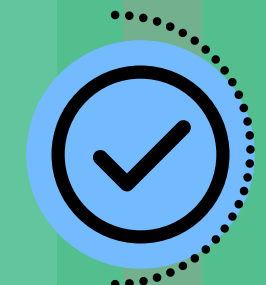
## 4. Live Chat with MAXOR

Send private, HIPAA-compliant messages to MAXORPlus Member Advocates through a live chat conversation.



## 5. Manage your account

Change your password, manage your notification settings, and manage your mail order information. Add and manage your dependents.



# Meet the IT Team

The IT department is responsible for providing PAA a secure and HIPAA-compliant infrastructure, supporting both automation and process improvements. We manage and oversee the maintenance of all hardware and software systems. We undertake the configuration and regular updates of software applications, computers, servers, databases, and other IT infrastructure, with the overarching goal of ensuring the continuous operation of our environment.



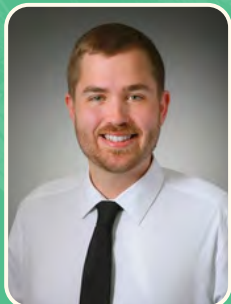
**CAT VALERI**  
DIRECTOR OF IT  
SERVICES

- I joined PAA in 2016...almost 8 years ago!
- My favorite sports team is UNC Chapel Hill! TARRRR.....HEEEEEELS!
- My favorite vacation was last year when I backpacked Europe with my college best friend of 12 years (GO HEELS). He encouraged me to travel outside of the States, I'm so glad he did. We went to Netherlands (Amsterdam), Germany, Austria, and Italy over two weeks. I learned so much about myself, other cultures, and how to embrace "no plans" and enjoy unpredictability of meeting new people and trying new adventures along the way.
- Fun fact about me...I flip a coin to make spontaneous decisions. Question: Will I make a day trip to Boone with my dogs today and hike, OR will I stay in town, go mountain bike at the Whitewater Center, and go to a concert tonight? Answer: The coin decides!



**ALEX SANKOWICH**  
IT OPERATIONS  
TECHNICIAN II

- I joined PAA in June 2021 as a contractor and was hired several months later as a W-2. Happy to be here.
- I am a lifelong Panthers fan. But, I love being active - running, mountain biking, finding new adventures, and going to the range. I am also a lifelong techie. As a kid, while the other kids were out at recess, I was busy getting dysentery in the Oregon Trail game on an Apple IIe in kindergarten. Now my home network is a fortress and I'm just a friendly neighborhood IT dude. Living the dream.
- My favorite trip was going to Kennedy Space Center last year on vacation, it was great! But I want to be unorthodox here - I spent a year in Afghanistan in 2009 and 2010 serving this wonderful country. In hindsight, through the good and the bad, I got to see a lot of the world, too, and lived a humble, simple, yet action-packed existence. I grew up and came to appreciate how precious life on this planet is. I am grateful to God for the freedoms we have.
- A fun fact about me is I can perform multiple types of flips and stunts off a diving board. I love swimming.



**THOR JOHNSON**  
IT OPERATIONS  
TECHNICIAN II

- I joined PAA in January of 2020.
- I like a lot of nerdy things but Magic: The Gathering is something that I've gotten into relatively recently. It's a card game that I usually play with my friends on the weekend. We play a free-for-all multiplayer version of the game called Commander and there is a lot of laughing and fighting between everyone, all in good fun of course
- My favorite vacation happens every year. I have been going to Sanibel, FL every year with my family since I was 7 years old. I have always loved the beach, but Sanibel has always been a special place for me. There are bike paths that wind through the entire island, lots of beautiful seashells, and plenty of places to go fishing.
- Fun fact about me - I have been to most of the national parks in the US. As a kid every summer my dad would load us all up in the car and we would drive across the country visiting as many national parks as we could. Most of the time we would backcountry camp which meant there was no access to running water or electricity.

# SAVE THE DATE



November 2, 2024

## PAA FALL CONFERENCE

More Information Coming Soon



**CLASS A  
CE/CME CREDITS  
WILL BE AVAILABLE**

## TEAM MEMBER SPOTLIGHT - MARCELLOS FIELDS



### What is your position/title here at PAA?

I'm working as a Financial Counselor under Team Lead Sharee Lockhart

**How long have you been with PAA?** I started with PAA in June 2022

### Why do you enjoy working at PAA?

What I enjoy most about working here at PAA is the fantastic support I get from Sharee, Ali, and Carol. They are always ready and willing to help and always being a source of encouragement. Best of all they love to eat.

### Tell us about your family.

I have one son who is 31 yrs old and lives here in Charlotte. I'm the oldest of 6 siblings. We all live within 2 hrs of each other except Cervantes. He lives in Berlin, Germany.

### What is your favorite way to relax?

Favorite way to relax is with a good cocktail, Outback Wings, and family.

### What was the last book you read or movie/series you watched?

I'm currently reading a collection of short stories in a book called, "Doors Without Knobs" written by a local Charlotte residence, Tracy C. Lutz. Also watched the movie, "The Help" for the third time.

### Three people alive or deceased you would invite to dinner? And why?

If I could invite 3 people living or dead to dinner it would be: Jesus – So I could see what he really looks like. 2. Great Grandma Catherine who died at 103, to ask how life was for her growing up in the South and were things in the movies true to life or worse in the 40s, 50s, and 60s. 3. Granddaddy Jim – He died at 83 years old. In his day, he could pass for white and could get away with eating at restaurants that did not allow black people to enter. Eventually he stopped eating at those establishments. I would ask him about those experiences and what made him stop going to those places.

### The first concert you went to and the last concert you went to. Can also be musicals if you attend those more often.

My very first concert was back in the early 90s and it was a country group called Brooks and Dunn in Asheville, NC. My last concert was Usher here in Charlotte in 2011 or 2012.

### What band/artist would you be embarrassed to admit you listen to?

The artist I would be embarrassed to admit I listen to is Barbara Streisand

### What was your first job?

My first job was at Litchfield Tavern as a "Bus Boy" in Asheville and all the Italian and Roast Beef hoagies I could eat. Then the owners started charging me half price.

**Your first car?** My first car was a brand new 1988 Dodge Omni. Mom was so upset that dad got a brand-new car as my first car. I think she was just jealous. Lol



# PAA IN THE COMMUNITY



American Heart Association.  
Heart Ball



# Charlotte Checkers Game



## PAA Families at the Charlotte Checkers Game!





# March

# Happy Birthday

# April

JOY CASSINGHAM - 03.01  
DR. DAVID MCKINLEY - 03.01  
DR. DARRYL MALAK - 03.03  
DR. JAMES KRUG - 03.04  
JOHN LIVESAY - 03.04  
LORI HELMICK - 03.05  
MEREDITH JULIAN- 03.05  
DR. BECKY DANIEL - 03.11  
TAMMY BRATHWAITE- 03.11  
ALISON WILSON - 03.13  
DR. JOHN SANDOVAL - 03.16  
LORENZO NIXON- 03.18  
DR. LINDSEY WILLIAMS - 03.18  
LORI COPE- 03.19  
DR. TYLER MCCULLOCH - 03.19  
DR. WARREN MILLS - 03.20  
EDIE TAYLOR-SHOEMAKE- 03.20  
DR. JOHN BERRY - 03.23  
ALEX SANKOWICH- 03.24  
CHARLOTTE BELVIN - 03.27  
DR. BRENDAN TRIBBLE - 03.27  
CAROLINE BEARD - 03.28  
RANETTE MERRITT - 03.29  
MONICA BLEVINS - 03.29  
ANGIE MARRINER - 03.30  
GINA SCULLY - 03.31

DR. NATAYLA RIEK - 04.01  
VALENCIA GENTRY - 04.01  
BENJAMIN BOEHNLEIN- 04.04  
DR. JONATHAN WARD - 04.04  
MATTHEW DYER - 04.06  
ANNIE MEYERS - 04.07  
ERIN WORLEY - 04.07  
JESSICA SHULMEISTER- 04.08  
GLORIA O'LEARY-CURETON - 04.10  
BEVERLY GOODSON - 04.10  
SALLIE PORTER - 04.11  
JASON KAPLAN - 04.12  
ABBY LAPRAIRIE - 04.15  
ELISSA STURCHIO - 04.16  
DR. JOHN MEYER- 04.17  
DR. FRANK STRANICK - 04.18  
DR. JAY REVILLE - 04.18  
ANNA PLUMMER-ROBERTS - 04.19  
DEONDRE SANDERS - 04.19  
LARRY CARTER - 04.20  
KRISTIN IRELAND - 04.22  
MELINDA DAVIDSON - 04.22  
ANN MOORE - 4.23  
TIFFANY SUTHER - 4.23  
AMANDA COFER - 4.24  
DR. KENDALL LEONARD - 4.25  
KEITH SLICK - 4.27  
JACOB NAVARRO - 4.27  
DR. JAMES BENONIS - 4.30  
KEETON GRIFFIN - 4.30  
ANDREA AUAD - 4.30  
DR. ALISON BROWN - 4.30

# SOCIAL MEDIA

## FOLLOW & LIKE



**What to expect from your ERAS pathways**

- GET HOME FASTER**  
35% - 60% Average Reduction in Length of Stay
- LESS PAIN, FEWER NARCOTICS**  
55% Average Reduction of In-Hospital Opioids
- REDUCED COMPLICATIONS**  
20% Average Reduction of Discharge and Opioid Prescriptions

provanesthesiology Enhanced Recovery After Surgery (ERAS) represents an improvement in the way care is delivered to you during your entire surgical journey. The goal of ERAS is to help you return home faster and have an improved overall surgical experience. @vicki.w.morton #healthcare

**PROVIDENCE ANESTHESIOLOGY ASSOCIATES**



Providence Anesthesiology Associates  
March 13 at 8:41 AM · 🌐

Congratulations to our facility partners on their Healthgrades awards! Healthgrades Novant Health FirstHealth Moore Regional Hospital Full list here - <https://www.healthgrades.com/>

**Congratulations to our facility partners for their achievements in earning these Healthgrades 2024 awards!**

**PROVIDENCE ANESTHESIOLOGY ASSOCIATES**

- PATIENT SAFETY EXCELLENCE: NOVANT HEALTH MINT HILL MEDICAL CENTER
- PATIENT SAFETY EXCELLENCE: NOVANT HEALTH HUNTERSVILLE MEDICAL CENTER
- OUTSTANDING PATIENT EXPERIENCE: FIRSTHEALTH MOORE REGIONAL HOSPITAL
- OUTPATIENT EXCELLENCE: FIRSTHEALTH MOORE REGIONAL HOSPITAL



facebook - @ProvidenceAnesthesiologyAssociates

X (twitter) - @ProvAnesthesia

Instagram - provanesthesiology

LinkedIn